

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p> <p>4:30 PM 4:30 - 7:00 TEAM SPIRIT & PIZZA KICK-OFF PARTY</p>	<p>7</p> <p>5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - MOUNTAINBROOK @ FIRETHORNE</p>	<p>8</p> <p>3:30 PM Shrimp Practice 4:00 PM 7 & 8 Practice 4:30 PM 9 & 10 Practice 5:15 PM 11 & up Practice</p>	<p>9</p> <p>3:30 PM Shrimp Practice 4:00 PM 7 & 8 Practice 4:30 PM 9 & 10 Practice 5:15 PM 11 & up Practice</p>	<p>10</p> <p>5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - PROVIDENCE DOWNS @ MOUNTAINBROOK</p>	<p>11</p> <p>DONUTS FOR DIVERS 8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>12</p> <p>7:00 PM SWIM TEAM TEEN NIGHT</p>
<p>13</p>	<p>14</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - RAINTREE @ MOUNTAINBROOK</p>	<p>15</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>16</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>17</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - CANDLEWYCK @ MOUNTAINBROOK</p>	<p>18</p> <p>BAGELS FOR BIG SWIMMERS 8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - MOUNTAINBROOK @ RIVER HILLS</p>	<p>22</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>23</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>24</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 7:00 PM SWIM TEAM TEEN NIGHT</p>	<p>25</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>26</p>
<p>27</p>	<p>28</p> <p>8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - MOUNTAINBROOK @ WEDDINGTON CHASE</p>	<p>29</p> <p>ALL STAR ANNOUNCEMENTS 8:00 AM Shrimps FUN Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>30</p> <p>ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>1</p> <p>ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>2</p> <p>ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>	<p>3</p> <p>ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
<ul style="list-style-type: none"> 8:00 AM Shrimp Practice 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 5:00 PM Meet Warm-ups 6:00 PM **SWIM MEET** - Mountainbrook @ WED-DINGTOWN CHASE 	<ul style="list-style-type: none"> 8:00 AM Shrimps FUN Prac 8:30 AM 7 & 8 FUN Practice 9:00 AM 9 & 10 FUN Prac 9:45 AM 11 & up FUN Prac 	<ul style="list-style-type: none"> 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice
4	5	6	7	8	9	10
<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice 	<ul style="list-style-type: none"> ALL STAR PRACTICE ONLY 8:30 AM 7 & 8 Practice 9:00 AM 9 & 10 Practice 9:45 AM 11 & up Practice
11	12	13	14	15	16	17
<ul style="list-style-type: none"> SWIM TEAM BANQUET 						
18	19	20	21	22	23	24
25	26	27	28	29	30	31